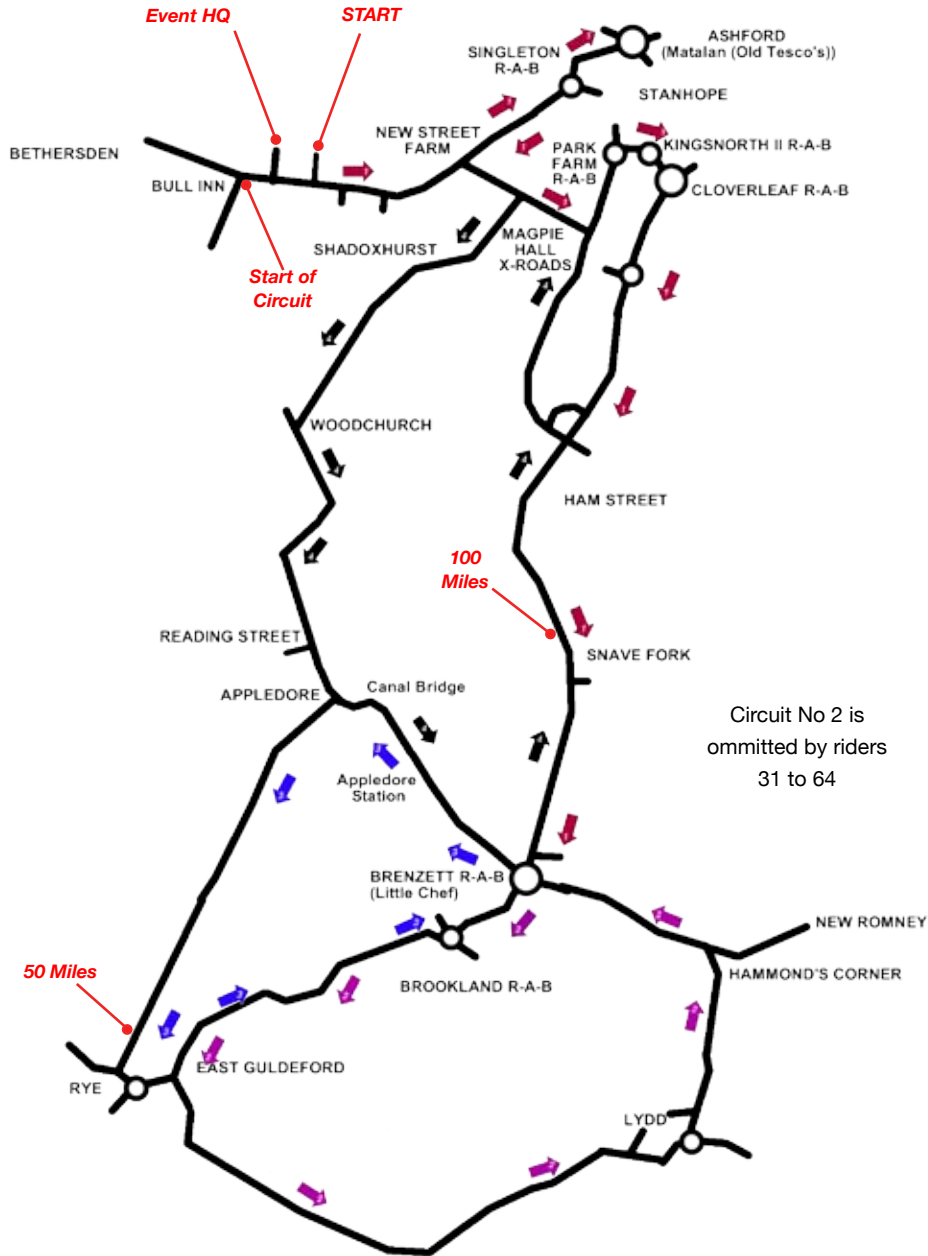


Q12/4(2008)



Promoted for and on behalf of Cycling Time Trials under their rules and regulations



KENT CYCLING ASSOCIATION

President Pat Hill

OPEN 12 HOUR TIME TRIAL

For Solos and Tricycles

Including the
South East Tricycle Association
Open 12 Hour Time Trial

Sunday 10th August 2008

START SHEET



Detail	Intermediate Distance	Cumulative Distance	
		Riders 1-25	Riders 31-64
B2080 through Appledore station (trains) Snargate and Brenzett mini r.a.b. to Brenzett r.a.b (Little Chef) (M)	3.967	183.051	161.631
Turn left (1st exit) on A2070 to 2nd exit on A2070 (top of Ham street Hill)(M)	5.050	188.101	166.681
Turn left to join B2067 at T junction (M).	0.111	188.212	166.792
Turn right to Magpie Hall Lane crossroads (M)	3.017	191.229	169.809
Turn left continue straight on through Stubbs Cross (Complete Circuit 5)	0.949	192.177	170.757
To join A28 at New Street Farm T junction (M).	1.446	193.624	172.204
Turn left (CARE) on A28 to join the Finishing Circuit at Bull Inn Bethersden	3.400	197.024	175.604
FINISHING CIRCUIT			
Turn RIGHT EXTREME CARE into Bull Lane (M). Turn left at Honeyfield Wood (Long's Corner), continue through Further Quarter and Stede Quarter to Dashmonden where	5.100	202.124	180.704
Turn left (Care) on A262 to London Beech (junction A262 and A28) where	2.600	204.724	183.304
Turn Left (Care) on A28 through High Halden (care traffic calming islands) to the Bull Inn Bethersden where Turn Left (Complete Circuit 1)	3.654	208.378	186.958
End of second circuit	11.354	219.732	198.312
End of third circuit	11.354	231.086	209.666
End of fourth circuit	11.354	242.440	221.020
End of fifth circuit	11.354	253.794	232.374
End of sixth circuit	11.354	265.148	243.728

Event Secretary:

Esther Carpenter,
10 Maplehurst Road,
Baldslow,
St.Leonards-on-sea,
East Sussex, TN37 7NA
☎ (01424) 751581
Mobile: ☎ 07929 797386

Timekeepers:

Peter Stone
Paul Mepham
Warwick Dunford
Pat Hill
Alan Koolman
Ian & Clarice Masterson
Vic Williams
Geoff Bray

Last Man Marshal:

Roger Bunnett

Roving Marshal:

Tim Carpenter
Mobile: ☎ 07901 940786

Event H.Q. - Bethersden Village Hall. There are toilet facilities and ample parking.

PLEASE BE QUIET AT THE HALL IN THE MORNING

SIGNING ON SHEET, BODY & ARM NUMBERS WILL BE AT EVENT H.Q.



THIS IS A SPOCO NATIONAL EVENT

To register for the competition contact:

John Hassall, 23 Hadrian Avenue, Dunstable,
Beds LU5 4SW ☎ (01582) 690641.

You may register at any time but only events ridden after registration will be eligible.

FIND A VOICE

Ron Beale is riding to raise money for "Find a Voice". "Find a Voice" is an Ashford based charity that supports Children and Adults with Communication Difficulties.

NOTES

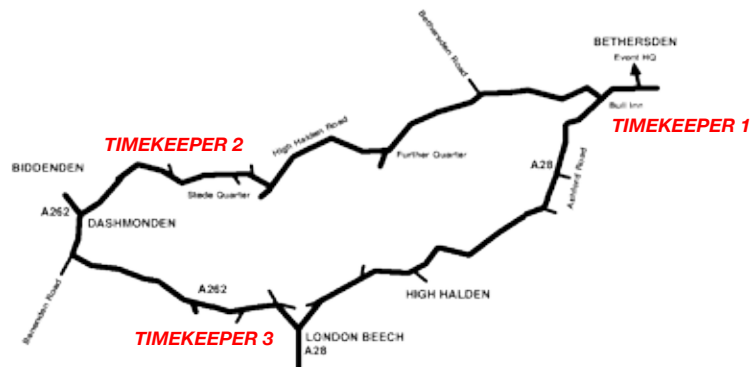
Riders

In the interests of your own safety, the C.T.T. and the event promoters strongly advise the use of a hard shell helmet that meets an internationally accepted safety standard.

Due to road works the Course has been changed this year. It consists of three circuits.

- Brenzett - East Guldeford - Lydd - Brenzett;
- Brenzett - Appledore - Rye - Brenzett; and
- Brenzett -Ham Street -Magpie Hall Lane - Stubbs Cross - Woodchurch - Appledore - Brenzett.

The circuit has also had to be changed and will now be: Bull Inn Bethersden - Further Quarter - Dashmonden - London Beech - High Halden - Bethersden



You should note that there will not be marshals at every junction, but it is intended to place arrows around the course. However, You are responsible for ensuring that you follow the course correctly. Take Extra CARE at the RIGHT TURNS.

To reach the start from the H.Q. turn right from Bethersden Village Hall toward the A28 and then left on the A28 toward Ashford. Kiln Lane is the first turning on the left.

Riders should be aware that they risk disqualification for obstructing other riders at the start or on the finishing circuit or using these areas as a public toilet. Toilet facilities are available at the Event H.Q.

Riders should be aware that there is a Road Race planned between 9.30 a.m. and 1.30 p.m..

Detail	Intermediate	Cumulative Distance	
	Distance	Riders 1-25	Riders 31-64
where riders continue through village to canal bridge.	3.696	136.304	114.884
Where the road turn immediately left at end of bridge on B2080 through Appledore station (trains) Snargate and Brenzett mini r.a.b. to Brenzett r.a.b (Little Chef) (M)	3.967	140.271	118.851
Turn left (1st exit) on A2070 to 2nd exit on A2070 (top of Ham street Hill)(M)	5.050	145.321	123.901
Turn left to join B2067 at T junction (M).	0.111	145.432	124.012
Turn right to Magpie Hall Lane crossroads (M)	3.017	148.449	127.029
Turn left and proceed to Stubbs Cross. Turn left (M). (Complete Circuit 3)	0.949	149.397	127.977
Proceed through Shadoxhurst, to Woodchurch 'T' junction (Lower Road and Front Road) (M)	4.600	153.998	132.578
Riders turn left (Care) then proceed to 'T' junction with B2067 to turn left (M) and proceed to Appledore junction with B2080(M) where riders continue through village to canal bridge.	3.696	157.694	136.274
Where the road turn immediately left at end of bridge on B2080 through Appledore station (trains) Snargate and Brenzett mini r.a.b. to Brenzett r.a.b (Little Chef) (M)	3.967	161.661	140.241
Turn left (1st exit) on A2070 to 2nd exit on A2070 (top of Ham street Hill)(M)	5.050	166.711	145.291
Turn left to join B2067 at T junction (M).	0.111	166.822	145.402
Turn right to Magpie Hall Lane crossroads (M)	3.017	169.839	148.419
Turn left and proceed to Stubbs Cross. Turn left (M). (Complete Circuit 4)	0.949	170.787	149.367
Proceed through Shadoxhurst, to Woodchurch 'T' junction (Lower Road and Front Road) (M)	4.600	175.388	153.968
Riders turn left (Care) then proceed to 'T' junction with B2067 to turn left (M) and proceed to Appledore junction with B2080(M) where riders continue through village to canal bridge.	3.696	179.084	157.664
Where the road turn immediately left at end of bridge on			

Detail	Intermediate	Cumulative Distance	
	Distance	Riders 1-25	Riders 31-64
Riders turn left (Care) then proceed to 'T' junction with B2067 to turn left (M) and proceed to Appledore junction with B2080(M) where riders continue through village to canal bridge.	3.696	93.524	72.104
Where the road turn immediately left at end of bridge on B2080 through Appledore station (trains) Snargate and Brenzett mini r.a.b. to Brenzett r.a.b (Little Chef) (M)	3.967	97.491	76.071
Turn left (1st exit) on A2070 to 2nd exit on A2070 (top of Ham street Hill)(M)	5.050	102.541	81.121
Turn left to join B2067 at T junction (M).	0.111	102.652	81.232
Turn right to Magpie Hall Lane crossroads (M)	3.017	105.669	84.249
Turn left and proceed to Stubbs Cross. Turn left (M). (Complete Circuit 1)	0.949	106.617	85.197
Proceed through Shadoxhurst, to Woodchurch 'T' junction (Lower Road and Front Road) (M)	4.600	111.218	89.798
Riders turn left (Care) then proceed to 'T' junction with B2067 to turn left (M) and proceed to Appledore junction with B2080(M) where riders continue through village to canal bridge.	3.696	114.914	93.494
Where the road turn immediately left at end of bridge on B2080 through Appledore station (trains) Snargate and Brenzett mini r.a.b. to Brenzett r.a.b (Little Chef) (M)	3.967	118.881	97.461
Turn left (1st exit) on A2070 to 2nd exit on A2070 (top of Ham street Hill)(M)	5.050	123.931	102.511
Turn left to join B2067 at T junction (M).	0.111	124.042	102.622
Turn right to Magpie Hall Lane crossroads (M)	3.017	127.059	105.639
Turn left and proceed to Stubbs Cross. Turn left (M). (Complete Circuit 2)	0.949	128.007	106.587
Proceed through Shadoxhurst, to Woodchurch 'T' junction (Lower Road and Front Road) (M)	4.600	132.608	111.188
Riders turn left (Care) then proceed to 'T' junction with B2067 to turn left (M) and proceed to Appledore junction with B2080(M)			

The road race will use part of the course from the T junction just north of Appledore to Woodchurch. The Road Race HQ is at Woodchurch.

You must observe C.T.T. Regulation No 21.

Forms are enclosed so that you can register your support vehicle. The K.C.A. Committee will disqualify any rider guilty of infringing C.T.T. Regulation No 22. Attention is drawn specifically to paragraph (c) which states:

Where vehicles are to be authorised a full description of the vehicle and registration number shall be given to the event promoter prior to the start of the competitor. A competitor shall not be overtaken by his support vehicle more frequently than once every 10 miles. Where possible the vehicle must be driven at normal traffic speed and must not follow the competitor, nor impede or annoy other competitors. Any competitor whose authorised vehicle impedes or causes annoyance to any other competitor shall be liable to disqualification from the event.

Where any other vehicle precedes or follows for any length of time, or frequently passes a competitor, that vehicle shall be deemed to be associated with that competitor who shall be liable to disqualification from the event.

Please read this and ensure that your driver understands the restrictions of this regulation.

Support Vehicles on the circuit should take extreme care to avoid obstructing riders as there are sections of the circuit that are very narrow. No individual helpers are to park or operate within 300 yards of any circuit timekeeper.

When you finish make sure your helpers do not obscure the Timekeeper's view or impede other riders. Please note that NO Riders or Vehicles are to stop at the Timekeepers, but they must continue to a safe and convenient stopping point.

Please ensure you are conversant with C.T.T. Regulation 25. You are reminded all riders currently using an inhaler for medical reasons should register this fact with British Cycling to satisfy U.C.I., C.T.T. and B.C. anti-doping regulations

A result board will be at the event H.Q. which will show provisional distances. Do not bother the Timekeepers. Information regarding non finishers will be welcomed.

The K.C.A. wishes all competitors a safe and enjoyable ride.

Cut Out Legs

The Woodchurch circuit will close at Stubbs Cross 3.00 p.m..

Feeding Arrangements

C.C. Bexley will provide a feed on the Woodchurch circuit.

Marshals

Indicate the direction to be followed in a positive manner but Do Not Hold Up The Traffic.

Please wear a marshal's jacket. There will be jackets at the event H.Q. at Bethersden Village Hall. If you borrow a jacket please either hand it to your relief or return it to the hall. Please return marshal's check sheets to the Event Organizer or the Roving Marshal.

Timekeepers

Timekeepers should report to the Bull Inn Bethersden (start of the circuit) at 2.30 p.m. to synchronize watches and be allocated Time Keeper stations.

Result

A provisional result will be posted on the K.C.A. 12 Hour web site on Monday 11th August.

Refreshments

Light refreshments will be available at the hall from 5.30 p.m. onwards.

Massage

We are lucky that Jackie has brought her massage table to the 12 Hour for several years and she'll be there again this year. It's a popular feature of the event and we'd like to suggest that you donate a minimum of £5 to her to cover the cost of her oils, etc.

Event Record

The Event Record is held by Ian Silvester who rode 273 miles 570 yards, an average speed of 22.7 miles an hour, in 1995.

SPOCO National Competition

Medals for - Top 12; 1st Team; Ladies; Juniors; Veterans - Senior, Super & King Veterans, for all Lady qualifiers and Handicap competition for all previous qualifiers. You may register at any time but only events ridden after registration will be eligible.

Detail	Intermediate Distance	Cumulative Distance Riders 1-25	Riders 31-64
Take left fork through Camber B2075 to Lydd where keep right skirting town across junction to T junction where RIGHT (Care) to junction with A259 at Hammonds Corner.	11.484	37.825	Circuit omitted by riders number 31 - 64
Turn left on A259 to Brenzett r.a.b. (M) (Little Chef)	3.282	41.107	
RYE CIRCUIT			
Take 2nd exit onto B2080 through Brenzett mini r.a.b., Snargate, Appledore station level crossing (care, train service on Sunday) to Appledore canal bridge (M)	3.967	45.074	23.654
Turn left along canal road to junction with A268 at Rye (M).	5.754	50.828	29.408
Turn left to mini r.a.b. on A259 (M).	0.145	50.973	29.553
Turn left and follow A259 through East Guldeford and Brookland to Brenzett r.a.b (Little Chef) (M) (Complete 1 Circuit)	7.631	58.604	37.184
Turn Left (1st exit) onto B2080 through Brenzett mini r.a.b., Snargate, Appledore station level crossing (care, train service on Sunday) to Appledore canal bridge (M)	3.967	62.571	41.151
Turn left along canal road to junction with A268 at Rye (M).	5.754	68.325	46.905
Turn left to mini r.a.b. on A259 (M).	0.145	68.470	47.050
Turn left and follow A259 through East Guldeford and Brookland to Brenzett r.a.b (Little Chef) (M) (Complete 2 Circuit)	7.631	76.101	54.681
WOODCHURCH CIRCUIT			
Straight across (2nd exit) on A2070 to 2nd exit on A2070 (top of Ham street Hill) (M)	5.050	81.151	59.731
Turn left to join B2067 at T junction (M).	0.111	81.262	59.842
Turn right to Magpie Hall Lane crossroads (M)	3.017	84.279	62.859
Turn left and proceed to Stubbs Cross. Turn left (M).	0.949	85.227	63.807
Proceed through Shadoxhurst, to Woodchurch 'T' junction (Lower Road and Front Road) (M)	4.600	89.828	68.408

COURSE Q12/4 (2008)

Please note that there are extensive changes to the original 2008 course .

Riders 1 to 25 will complete one circuit of the Brenzett- East Guldeford - Lydd - Brenzett circuit. Riders 31 to 64 will omit this circuit and therefore turn right at Brenzett toward Appledore on the Brenzett - Appledore - Rye - Brenzett circuit. All riders will complete two Rye circuits before joining the Woodchurch circuit.

The Tenterden circuit will be omitted due to roadworks and up to five laps of the Woodchurch circuit will be completed before joining the NEW finishing circuit at The Bull, Bethersden.

Riders should exercise EXTREME care when turning Right into Bull Lane off the A28 at the Bull Inn Bethersden to join the Finishing Circuit.

Riders are advised to exercise caution through High Halden, Appledore and Woodchurch due to parked vehicles and street furniture hazards, and on the drops north and south of Woodchurch. In addition you are advised that an hourly train service may delay you at Appledore level crossing.

Detail	Intermediate	Cumulative Distance	
	Distance	Riders 1-25	Riders 31-64
Start in Kiln Lane, Bethersden at a field gate north of the junction with A28. Proceed to A.28 where (M).	0.181	0.181	0.181
Turn left onto A28 through to Singleton r.a.b. (M) take 1st exit to r.a.b at junction A28 and Brookfield Road (B2229) (Matalan)	4.459	4.640	4.640
Where turn and retrace through Singleton r.a.b. 2nd exit to New Street Farm.	1.710	6.350	6.350
Turn left into Magpie Hall Lane through Stubbs Cross to Magpie Hall Lane crossroads (M).	2.395	8.745	8.745
Turn left onto old A2070 through Park Farm r.a.b. (M) to Kingsnorth II r.a.b. Take 3rd exit onto A2042 where take 1st exit onto A2070 to Cloverleaf r.a.b.	2.036	10.781	10.781
Take 1st Exit on A2070 through Bridgefield r.a.b. (Care) to Brenzett r.a.b. (M) junction of A259/A2070/B2080 (Little Chef).	8.906	19.687	19.687
Carry straight on A259 through Brookland r.a.b. to East Guldeford (M).	6.654	26.341	



K.C.A 12 HOUR CHAMPIONSHIP

Awards

Fastest

1st AJ Bathurst Trophy (for one year) Plus Gilt Medal
 2nd Silver Plated Medal
 3rd Bronze Medal

1st Team of Three The Bray Shield (for one year) Plus Gilt Medals
 2nd Team of Three Silver Plated Medals

Lady

1st Glad Mills Plaque

Veteran on Age Standard

1st Gilt Medal
 2nd Silver Plated Medal
 3rd Bronze Medal

Greatest improvement on distance in last three years

1st Gilt Medal
 2nd Silver Plated Medal
 3rd Bronze Medal

All finishers, other than prize winners, will receive a K.C.A. Medal.

Prize Presentation

All awards will be presented at the
 Kent Cycling Association Lunch at
 Smarden Village Hall on
 9th November 2008
 Tickets £17.50
 Bar opens 12 o'clock - Lunch 1 o'clock

RIDERS

No	Name	Club	Std	Best Last 3 yrs	Start Time	
1	Rob Tipples	San Fairy Ann C.C.		205.126	6.01	
2	Alan Priddy	De Laune C.C.	V66	185.00	227.705	6.02
3	Andy Miles	Gemini B.C.		220.065	6.03	
4	Bob Harber	Brighton Excelsior C.C.	V63	189.22	214.670	6.04
5	Terence Sowa	West Kent R.C.	V52	205.56	6.05	
6	Jason Weale	Medway Velo Club		232.592	6.06	
7	Barry Goodsell	Rye & District Wheelers	V44	218.32	212.414	6.07
8	Stephen Bishop	Wigmore CC	V40	225.00	6.08	
9	Rupert Robin	Brighton Mitre	V44	218.32	214.000	6.09
10	Peter Horsfield	Redmon CC	V58	196.48	234.014	6.10
11	Tim Larkin	Rye & District Wheelers	V42	221.63	6.11	
12	David Mackey	Kent Cycles		207.718	6.12	
13	Michael Pumphrey	Thornton RC	V48	211.84	6.13	
14	Dave Spice	Rye & District Wheelers	V57	197.97	215.632	6.14
15	Geoff Smith	V.C. Etoile	V58	196.48	233.799	6.15
16	Derek Howlett	Kent Cycles	V43	219.97	247.170	6.16
17	Rob Kennison	Medway Velo Club	V44	218.32	6.17	
18	Peter Moon	Eastbourne Rovers	V47	213.45	6.18	
19	Colin Tuckwell	Thornton RC			6.19	
20	Shay Giles	V.C. Deal	V63	189.22	240.000	6.20
21	Neil Quarmby	Southborough Wheelers	V45	216.69	230.838	6.21
22	Ian Sutton	San Fairy Ann C.C.		237.200	6.22	
23	Steve Gooch	Rye & District Wheelers	V42	221.63	6.23	
24	Nick Gritton	Sydenham Wheelers	V43	219.97	224.500	6.24
25	Garry Banfield	Kent Cycles	V42	221.63	261.715	6.25
31	Miss Jane Reeve	Rye & District Wheelers	L	137.000	6.31	
32	John Lynch	Rye & District Wheelers	V40	225.00	6.32	
33	Peter Holland	Lincoln Wheelers CC	TV61	176.82	186.664	6.33
34	Kevin Hall	Rye & District Wheelers	V67	183.61	167.000	6.34
35	Ron Beale	Sydenham Wheelers	V73	175.50	6.35	
36	Granville Bantick	Rye & District Wheelers	V74	174.18	172.660	6.36
37	Mrs Brenda Davies	Rye & District Wheelers	LV66	174.18	155.000	6.37

6 A Road Race will be on going between Reading Street & Wodchurch until 1.00 p.m

RIDERS

No	Name	Club	Std	Best Last 3 yrs	Start Time	
38	David Page	Rye & District Wheelers	V65	186.39	6.38	
39	Clinton Maisey	Wigmore CC	V70	179.51	191.024	6.39
40	John Laker	Kent Group VTTA	V48	211.84	6.40	
41	Steve Maxted	Rye & District Wheelers	V65	186.39	6.41	
42	David Bishop	Wigmore CC			6.42	
43	Jim Hollands	Rye & District Wheelers	V69	180.86	198.249	6.43
44	Eric Lejeune	San Fairy Ann C.C.			6.44	
45	Paul Simpson	Rye & District Wheelers	V51	207.11	6.45	
46	Andrew Nye	Ashford Wheelers	TV52	189.22	194.985	6.46
47	Paul Osbourne	Rye & District Wheelers	V44	218.32	6.47	
48	Ernie Mackey	Medway Velo Club	V68	182.23	200.000	6.48
49	Miss Ali Nye	Rye & District Wheelers	LV44	205.56	183.971	6.49
50	Malcolm Strickland	C.C Bexley	V53	204.02	182.652	6.50
51	Joe Tucker	Medway Velo Club	Jun		6.51	
52	Mark Nash	Rye & District Wheelers	V52	205.56	196.952	6.52
53	Miss Bronwen Ewing	Rye & District Wheelers	LV42	208.68	6.53	
54	Simon Yates	Lewes Wanderers	V56	199.46	193.740	6.54
55	Miss Liz King	Rye & District Wheelers	LV42	208.68	196.668	6.55
56	Shaun Boorman	Thornton RC	V41	223.31	6.56	
57	Graham Galpin	Medway Velo Club	V58	196.48	6.57	
58	Geoff Eggar	Epsom C.C.	V52	205.56	6.58	
59	David Bradnam	Fritch Crono		195.370	6.59	
60	Robert Burden	Rye & District Wheelers	V63	189.22	196.912	7.00
61	Alec Mayes	Ashford Wheelers	V63	189.22	7.01	
62	Pete Gowans	St Ives\Plastrubition	V41	223.31	7.02	
63	Keith Rowson	Deeside Thistle			7.03	
64	Ashley Holmes	Deal Tri			7.04	

Sponsored Clubs:

Ashford Wheelers C.C. - Ashford Couriers/Chaverey; Fritch Crono - www.fritchbikes.co.uk;
 Kent Cycles R.C. - Look/Bianchi/Pro/Met/Tekno Fuel; De Laune C.C. - Evans Cycles;
 V.C. Deal - Hammond Dover/Nico Sport/SIS/Harry Rowland; St Ives - Plastrubition

Numbers and Signing on Sheet will be at Bethersden Village Hall